



**HOT MARKET
SANDWICH**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Pork Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Paprika Marinated Chicken served with Savoury Vegetable Rice

Meatballs in Tomato Sauce served with Rice & Seasonal Vegetables

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Quorn Sausage in a Crusty Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Cheese & Tomato Swirl served with Savoury Vegetable Rice

Veggie Meatballs in Tomato Sauce served with Rice & Seasonal Vegetables

Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX

Cheese Roll
Tortilla Chips
Duo of Salad Sticks

Ham Wrap
Cheese Straws
Duo of Salad Sticks

Tuna Mayo Roll
Cream Crackers
Duo of Salad Sticks

Ham Roll
Cheese Straws
Duo of Salad Sticks

Cheese Mayo Wrap
Tortilla Chips
Duo of Salad Sticks

DESSERTS

Choose One of Our Fabulous Desserts
Apple & Winter Berry Crumble
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Jam & Coconut Sponge
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Oat & Raisin Cookie
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Caramel Mousse with Bananas
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Vanilla Ice-cream & Fruit Sauce
Fruity Jelly
Fresh Fruit Pot

Making lunchtime the **highlight** of your day



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MAIN MEAL

Baked Sausage Roll served with New Potatoes & Spaghetti Hoops

Greek Style Chicken in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks

Chicken Topped with Tomato Sauce & Cheese served with Baked Wedges, Peas & Sweetcorn

Roast Sausages served with Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Breaded Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Baked Vegan Roll served with New Potatoes & Spaghetti Hoops

Greek Style Vegetable Shawarma in a Pitta Bread served with warm Cous Cous Salad & Crunchy Veg Sticks

Traditional Macaroni Cheese served with Wholemeal Garlic & Herb bread, Seasonal Vegetables

Baked Lentil Roast served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Fishless Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX

Cheese Roll
Tortilla Chips
Duo of Salad Sticks

Ham Wrap
Cheese Straws
Duo of Salad Sticks

Tuna Mayo Roll
Cream Crackers
Duo of Salad Sticks

Ham Roll
Cheese Straws
Duo of Salad Sticks

Cheese Mayo Wrap
Tortilla Chips
Duo of Salad Sticks

DESSERTS

Choose One of Our Fabulous Desserts
Strawberry Mousse with Mixed Berry Compote
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Jam Roly Poly
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Sticky Pineapple Cake
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Lemon Tart
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Chocolate Brownie
Fruity Jelly
Fresh Fruit Pot

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MAIN MEAL

Meat Wholemeal Pizza served with Baked Baby Potatoes, Peas & Sweetcorn

BBQ Chicken Topped with Cheese Potatoes Wedges & Crunchy Veg Sticks

Beef Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables

Roast Chicken served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Margherita Wholemeal Pizza served with Baked Baby Potatoes, Peas & Sweetcorn

Crispy Vegetable Bite Baguette served with Selection of Sauces Potatoes Wedges & Crunchy Veg Sticks

Plant Based Bolognese served with Spaghetti, Wholemeal Garlic & Herb bread, Seasonal Vegetables

Quorn Sausage Roast served with Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

Cheese, Onion & Mixed Pepper Roll served with Chips, Garden Peas or Baked Beans & Ketchup

LUNCHTIME LUNCHBOX

Cheese Roll Tortilla Chips Duo of Salad Sticks

Ham Wrap Cheese Straws Duo of Salad Sticks

Tuna Mayo Roll Cream Crackers Duo of Salad Sticks

Ham Roll Cheese Straws Duo of Salad Sticks

Cheese Mayo Wrap Tortilla Chips Duo of Salad Sticks

DESSERTS

Choose One of Our Fabulous Desserts Sprinkle Cookie Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Syrup Sponge Fruit Yoghurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Chocolate Mousse with Orange Wedge Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Carrot Cake Fruit Yoghurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Victoria Sponge Fruity Jelly Fresh Fruit Pot

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